



Helga M Kaesheimer

October 30, 1934 - July 20, 2024

Helga Kaesheimer, 89, Albuquerque, NM passed away July 20, 2024. She was predeceased by her husband, Roy Kaesheimer and daughter, Laura Kaesheimer.

Surviving to cherish her memory is her son, Dave Kaesheimer and her daughter-in-law, Barbara, 5 grandchildren, Jennifer Khan, David Kaesheimer, Jr., Angela Kaesheimer, Sara Kaesheimer Vargas and Sabrina Kaesheimer Vargas & 2 great grandchildren, Haylee Baconccini and Jemma Khan.

Helga was a devoted wife, mother and Oma who provided a home of love and comfort for her family. She is remembered for her willingness to serve others by using her gifts and talents to promote good and thereby being a great example to future generations. She understood that the purpose of life is not just to be happy. It is to be useful, to be honorable, to be compassionate, to have it make some difference that you have lived and lived well.

Her light will continue to shine through everyone that she shared her life with. Her kindness echoes in our minds as we remember a life of grace.

Those we love don't go away.

They live inside us every day.

Unseen, unheard but always near.

Still loved, still missed and very dear.